

FEMSPORT

Women's Strength & Fitness Challenge

BECOME YOUR
OWN CHAMPION

BOX JUMPS | TIRE FLIPS | SANDBAG BURPEE/PRESS | TIRE DRAG | KETTLEBELL LIFT | OBSTACLE COURSE

EDMONTON, AB

July 22nd, 2017

10:30 am - 5:00 pm



City Fit Shop

10036 - 81st. Ave

FREE ADMISSION