

FEMSPORT

Women's Strength & Fitness Challenge

FEMSPORT Vancouver Challenge – September 10, 2016



CHI /CSNA Bursary Winner: Amber Siemens

OPEN TEAM RANKING

	Row Rank	Box Rank	KB Rank	Flip Rank	Tire Rank	OC Rank	Overall Rank	Overall Points
Durti Gurlz #1								107.0
Erin Harding	4	10	5	4	7	4	4	
Felicia Giesbrecht	2	4	2	2	1	3	2	
Tammy Bradley	9	6	6	10	11	9	9	
Victorious Secret								128.5
Nicole Vincze	6	1	4	7	4	2	3	
Cassie Robertson	2	8	9	3	9	5	5	
Alica Kingsland	11	9	11	11	8	10	10	
Durti Gurlz #4								193.5
Carmen Mitchell	15	14	16	16	12	15	15	
Devin Atkins	7	12	3	6	6	6	7	
Natalie Barratt	13	3	10	8	9	8	8	
#thegirls AKA Honeybadgers								232.5
Bobbi-Jo Atchison	5	11	7	5	3	7	6	
Dianne Bassendowski	14	5	14	14	14	13	14	
Rhonda Cream	17	17	17	17	17	17	17	
Durti Gurlz #2								249.0
Alley Cuthbertson	16	16	13	15	15	16	16	
Kyla Ellinthorpe	12	15	14	13	5	14	13	
Zoe Brunchmann	8	7	12	12	13	12	11	

OPEN INDIVIDUAL RANKING

#	NAME	TEAM	Final Rank	Overall Points
41	Cassie Keeping		1	7.5
30	Felicia Giesbrecht	Durti Gurlz #1	2	15.5
40	Nicole Vincze	Victorious Secret	3	25.0
29	Erin Harding	Durti Gurlz #1	4	36.0
39	Cassie Robertson	Victorious Secret	5	38.5
26	Bobbi-Jo Atchison	#thegirls AKA Honeybadgers	6	41.5
36	Devin Atkins	Durti Gurlz #4	7	43.0
37	Natalie Barratt	Durti Gurlz #4	8	55.0
31	Tammy Bradley	Durti Gurlz #1	9	55.5
38	Alica Kingsland	Victorious Secret	10	65.0
34	Zoe Brunchmann	Durti Gurlz #2	11	70.0
42	Emily Ottewell		12	72.5
33	Kyla Ellinthorpe	Durti Gurlz #2	13	80.0
27	Dianne Bassendowski	#thegirls AKA Honeybadgers	14	80.5
35	Carmen Mitchell	Durti Gurlz #4	15	95.5
32	Alley Cuthbertson	Durti Gurlz #2	16	99.0
28	Rhonda Cream	#thegirls AKA Honeybadgers	17	110.5

OPEN EVENT RANKING

OBSTACLE COURSE

*** Obstacle Course is worth 1.5x ***

OPEN DIVISION			OBSTACLE COURSE			OC Rank	Points
#	NAME	TEAM	Timer	Penalty	OC TIME		
41	Cassie Keeping		01:03.12		01:03.12	1	1.5
40	Nicole Vincze	Victorious Secret	01:06.25		01:06.25	2	3.0
30	Felicia Giesbrecht	Durti Gurlz #1	01:06.30		01:06.30	3	4.5
29	Erin Harding	Durti Gurlz #1	01:05.40	00:01.00	01:06.40	4	6.0
39	Cassie Robertson	Victorious Secret	01:09.44		01:09.44	5	7.5
36	Devin Atkins	Durti Gurlz #4	01:09.22	00:01.00	01:10.22	6	9.0
26	Bobbi-Jo Atchison	#thegirls AKA Honeybadgers	01:12.06		01:12.06	7	10.5
37	Natalie Barratt	Durti Gurlz #4	01:12.66		01:12.66	8	12.0
31	Tammy Bradley	Durti Gurlz #1	01:11.81	00:01.00	01:12.81	9	13.5
38	Alica Kingsland	Victorious Secret	01:14.04		01:14.04	10	15.0
42	Emily Ottewell		01:15.47	00:01.00	01:16.47	11	16.5
34	Zoe Brunchmann	Durti Gurlz #2	01:18.00		01:18.00	12	18.0
27	Dianne Bassendowski	#thegirls AKA Honeybadgers	01:15.75	00:03.00	01:18.75	13	19.5

33	Kyla Ellinthorpe	Durti Gurlz #2	01:23.88	00:02.00	01:25.88	14	21.0
35	Carmen Mitchell	Durti Gurlz #4	01:25.06	00:01.00	01:26.06	15	22.5
32	Alley Cuthbertson	Durti Gurlz #2	01:23.38	00:04.00	01:27.38	16	24.0
28	Rhonda Cream	#thegirls AKA Honeybadgers	02:51.72		02:51.72	17	25.5

BOX JUMPS

#	NAME	TEAM	BOX JUMPS		Box Rank	Points
			Box Reps	Box TIME		
40	Nicole Vincze	Victorious Secret	50	00:42.19	1	1
41	Cassie Keeping		50	00:44.07	2	2
37	Natalie Barratt	Durti Gurlz #4	50	00:49.00	3	3
30	Felicia Giesbrecht	Durti Gurlz #1	50	00:53.72	4	4
27	Dianne Bassendowski	#thegirls AKA Honeybadgers	50	00:58.40	5	5
31	Tammy Bradley	Durti Gurlz #1	50	00:59.49	6	6
34	Zoe Brunchmann	Durti Gurlz #2	50	00:59.91	7	7
39	Cassie Robertson	Victorious Secret	50	01:00.43	8	8
38	Alica Kingsland	Victorious Secret	50	01:03.46	9	9
29	Erin Harding	Durti Gurlz #1	50	01:03.84	10	10
26	Bobbi-Jo Atchison	#thegirls AKA Honeybadgers	50	01:14.53	11	11
36	Devin Atkins	Durti Gurlz #4	50	01:22.88	12	12
42	Emily Ottewell		50	01:53.57	13	13
35	Carmen Mitchell	Durti Gurlz #4	50	02:25.22	14	14
33	Kyla Ellinthorpe	Durti Gurlz #2	50	02:36.66	15	15
32	Alley Cuthbertson	Durti Gurlz #2	50	02:55.19	16	16
28	Rhonda Cream	#thegirls AKA Honeybadgers	0	N/A	17	17

TIRE FLIPS

OPEN DIVISION			TIRE FLIP		Rank	Points
#	NAME	TEAM	Flips	Flip Time		
41	Cassie Keeping		06	00:18.12	1	1
30	Felicia Giesbrecht	Durti Gurlz #1	06	00:18.22	2	2
39	Cassie Robertson	Victorious Secret	06	00:18.68	3	3
29	Erin Harding	Durti Gurlz #1	06	00:18.78	4	4
26	Bobbi-Jo Atchison	#thegirls AKA Honeybadgers	06	00:20.03	5	5
36	Devin Atkins	Durti Gurlz #4	06	00:20.23	6	6
40	Nicole Vincze	Victorious Secret	06	00:20.56	7	7
37	Natalie Barratt	Durti Gurlz #4	06	00:20.60	8	8
42	Emily Ottewell		06	00:20.66	9	9
31	Tammy Bradley	Durti Gurlz #1	06	00:21.28	10	10
38	Alica Kingsland	Victorious Secret	06	00:21.60	11	11

34	Zoe Brunchmann	Durti Gurlz #2	06	00:23.03	12	12
33	Kyla Ellinthorpe	Durti Gurlz #2	06	00:25.97	13	13
27	Dianne Bassendowski	#thegirls AKA Honeybadgers	06	00:26.53	14	14
32	Alley Cuthbertson	Durti Gurlz #2	06	00:27.25	15	15
35	Carmen Mitchell	Durti Gurlz #4	06	00:28.03	16	16
28	Rhonda Cream	#thegirls AKA Honeybadgers	06	00:47.66	17	17

KETTLEBELL LIFT

OPEN DIVISION			KETTLE BELLS			KB Rank	Points
#	NAME	TEAM	KB Timer	KB Penalty	KB TIME		
41	Cassie Keeping		00:33.62		00:33.62	1	1
30	Felicia Giesbrecht	Durti Gurlz #1	00:34.09		00:34.09	2	2
36	Devin Atkins	Durti Gurlz #4	00:34.65		00:34.65	3	3
40	Nicole Vincze	Victorious Secret	00:35.34		00:35.34	4	4
29	Erin Harding	Durti Gurlz #1	00:35.88		00:35.88	5	5
31	Tammy Bradley	Durti Gurlz #1	00:36.53		00:36.53	6	6
26	Bobbi-Jo Atchison	#thegirls AKA Honeybadgers	00:37.63		00:37.63	7	7
42	Emily Ottewell		00:37.84		00:37.84	8	8
39	Cassie Robertson	Victorious Secret	00:37.97		00:37.97	9	9
37	Natalie Barratt	Durti Gurlz #4	00:38.34		00:38.34	10	10
38	Alica Kingsland	Victorious Secret	00:39.00		00:39.00	11	11
34	Zoe Brunchmann	Durti Gurlz #2	00:39.72		00:39.72	12	12
32	Alley Cuthbertson	Durti Gurlz #2	00:42.19		00:42.19	13	13
27	Dianne Bassendowski	#thegirls AKA Honeybadgers	00:42.22		00:42.22	14	14
33	Kyla Ellinthorpe	Durti Gurlz #2	00:42.22		00:42.22	14	14
35	Carmen Mitchell	Durti Gurlz #4	00:42.35		00:42.35	16	16
28	Rhonda Cream	#thegirls AKA Honeybadgers	00:58.66		00:58.66	17	17

TIRE DRAG

OPEN DIVISION			TIRE DRAG			Tire Rank	Points
#	NAME	TEAM	TD Timer	Tire Penalty	Tire TIME		
30	Felicia Giesbrecht	Durti Gurlz #1	00:12.07		00:12.07	1	1
41	Cassie Keeping		00:12.07		00:12.07	1	1
26	Bobbi-Jo Atchison	#thegirls AKA Honeybadgers	00:13.32		00:13.32	3	3
40	Nicole Vincze	Victorious Secret	00:13.75		00:13.75	4	4
33	Kyla Ellinthorpe	Durti Gurlz #2	00:14.47		00:14.47	5	5
36	Devin Atkins	Durti Gurlz #4	00:15.32		00:15.32	6	6
29	Erin Harding	Durti Gurlz #1	00:15.44		00:15.44	7	7

38	Alica Kingsland	Victorious Secret	00:16.03		00:16.03	8	8
37	Natalie Barratt	Durti Gurlz #4	00:16.37		00:16.37	9	9
39	Cassie Robertson	Victorious Secret	00:16.37		00:16.37	9	9
31	Tammy Bradley	Durti Gurlz #1	00:17.18		00:17.18	11	11
35	Carmen Mitchell	Durti Gurlz #4	00:18.04		00:18.04	12	12
34	Zoe Brunchmann	Durti Gurlz #2	00:19.03		00:19.03	13	13
27	Dianne Bassendowski	#thegirls AKA Honeybadgers	00:19.12		00:19.12	14	14
32	Alley Cuthbertson	Durti Gurlz #2	00:19.28		00:19.28	15	15
42	Emily Ottewell		00:19.47		00:19.47	16	16
28	Rhonda Cream	#thegirls AKA Honeybadgers	00:28.60		00:28.60	17	17

INVERTED ROWS

OPEN DIVISION				INVERTED ROWS	Row Rank	Points
#	NAME	TEAM	Score			
41	Cassie Keeping		52.0	1	1	
30	Felicia Giesbrecht	Durti Gurlz #1	47.5	2	2	
39	Cassie Robertson	Victorious Secret	47.5	2	2	
29	Erin Harding	Durti Gurlz #1	46.0	4	4	
26	Bobbi-Jo Atchison	#thegirls AKA Honeybadgers	44.5	5	5	
40	Nicole Vincze	Victorious Secret	42.5	6	6	
36	Devin Atkins	Durti Gurlz #4	40.0	7	7	
34	Zoe Brunchmann	Durti Gurlz #2	37.5	8	8	
31	Tammy Bradley	Durti Gurlz #1	35.5	9	9	
42	Emily Ottewell		29.0	10	10	
38	Alica Kingsland	Victorious Secret	27.5	11	11	
33	Kyla Ellinthorpe	Durti Gurlz #2	24.5	12	12	
37	Natalie Barratt	Durti Gurlz #4	23.0	13	13	
27	Dianne Bassendowski	#thegirls AKA Honeybadgers	20.0	14	14	
35	Carmen Mitchell	Durti Gurlz #4	15.0	15	15	
32	Alley Cuthbertson	Durti Gurlz #2	9.0	16	16	
28	Rhonda Cream	#thegirls AKA Honeybadgers	6.0	17	17	