



### FEMSPORT Edmonton Challenge – July 22nd, 2017



### CHI Bursary Winner: Justine MacDonald

#### SCORING:

- ★ Low points place first
- ★ Placing is equal to points (i.e. 1st place = 1 point, 2nd place = 2 points, etc.)
- ★ Obstacle Course placing is equal to 1.5 x (i.e. 1st place = 1.5 points, 2nd place = 3 points, etc.)
- ★ Each competitor received 1 point for Tire Drag which was not performed at this event.

## MASTERS TEAM RANKING

**\*\* Obstacle Course is worth 1.5x \*\***

	SB Rank	Box Rank	KB Rank	Flip Rank	Tire Rank	OC Rank	Overall Rank	Overall Points	TEAM RANK
<b>Miss Fits</b>	25	17	19	12	3	14	13	97.0	1
Chaantelle Malo	11	4	8	2	1	2	4		
Rechelle Folden	10	6	7	6	1	8	6		
Tanja Stoll	4	7	4	4	1	4	3		
<b>Tough Enough</b>	14	20	18	23	3	19	17	106.5	2
Nicole Michaud	3	3	3	13	1	6	5		
Terri Drynan	2	1	1	3	1	1	1		
Heather Campbell	9	16	14	7	1	12	11		
<b>Pina Coladas</b>	23	29	32	38	3	34	31	168.0	3
Alana Everett-Yim	1	2	2	1	1	3	2		
Joey Bouma	5	9	9	11	1	10	8		
Michele Gagnier	17	18	21	18	1	21	21		
<b>Fireballs</b>	26	23	41	45	3	32	31	186.0	4
Alycia Whalley-Lomness	13	10	19	16	1	18	15		
Emma Reyes	6	5	16	17	1	5	9		
Harriet Robinson	7	8	6	12	1	9	7		
<b>Sweet Disasters</b>	31	42	38	32	3	35	40	218.5	5
Kathy Danzinger	22	19	18	8	1	15	17		
Kim Borowiecki	14	11	15	9	1	13	13		
Paula Wischoff Yerama	15	12	5	15	1	7	10		
<b>Masters of Badass</b>	33	48	36	43	3	30	49	264.0	6
Boni Ehmann	16	13	11	19	1	19	16		
Caroline Walch	20	15	13	10	1	11	14		
Deb Samagalski	23	20	12	14	1	20	19		

<b>Gone Strong Warriors</b>	<b>33</b>	<b>33</b>	<b>52</b>	<b>45</b>	<b>3</b>	<b>54</b>	<b>53</b>	<b>283.0</b>	<b>7</b>
Tammy Maurice	8	20	22	23	1	17	18		
Tricia Lukow	12	20	10	5	1	14	12		
Trina Gillis	19	20	20	20	1	23	23		

## MASTERS INDIVIDUAL RANKING

<b>#</b>	<b>NAME</b>	<b>TEAM</b>	<b>Overall Rank</b>	<b>Overall Points</b>
23	Terri Drynan	Tough Enough	1	9.5
13	Alana Everett-Yim	Pina Coladas	2	11.5
12	Tanja Stoll	Miss Fits	3	26.0
10	Chaantelle Malo	Miss Fits	4	29.0
22	Nicole Michaud	Tough Enough	5	32.0
11	Rechelle Folden	Miss Fits	6	42.0
3	Harriet Robinson	Fireballs	7	47.5
14	Joey Bouma	Pina Coladas	8	50.0
2	Emma Reyes	Fireballs	9	52.5
18	Paula Wischoff Yerama	Sweet Disasters	10	58.5
19	Heather Campbell	Tough Enough	11	65.0
5	Tricia Lukow	Gone Strong Warriors	12	69.0
17	Kim Borowiecki	Sweet Disasters	13	69.5
8	Caroline Walch	Masters of Badass	14	75.5
1	Alycia Whalley-Lomness	Fireballs	15	86.0
7	Boni Ehmann	Masters of Badass	16	88.5
16	Kathy Danzinger	Sweet Disasters	17	90.5
4	Tammy Maurice	Gone Strong Warriors	18	99.5
9	Deb Samagalski	Masters of Badass	19	100.0
20	Irene Nichol		20	101.0
15	Michele Gagnier	Pina Coladas	21	106.5
21	Laurie Bell		22	111.0
6	Trina Gillis	Gone Strong Warriors	23	114.5

# MASTERS EVENT RANKING

## OBSTACLE COURSE

*\*\* Obstacle Course is worth 1.5x \*\**

<b>MASTERS DIVISION</b>			<b>OBSTACLE COURSE</b>			OC Rank
#	NAME	TEAM	OCTimer	OC Penalty	OC TIME	
23	Terri Drynan	Tough Enough	00:32.43		00:32.43	1
10	Chaantelle Malo	Miss Fits	00:32.87		00:32.87	2
13	Alana Everett-Yim	Pina Coladas	00:31.85	00:02.00	00:33.85	3
12	Tanja Stoll	Miss Fits	00:34.09		00:34.09	4
2	Emma Reyes	Fireballs	00:34.38		00:34.38	5
22	Nicole Michaud	Tough Enough	00:35.36		00:35.36	6
18	Paula Wischoff Yerama	Sweet Disasters	00:35.63		00:35.63	7
11	Rechelle Folden	Miss Fits	00:35.03	00:01.00	00:36.03	8
3	Harriet Robinson	Fireballs	00:35.87	00:01.00	00:36.87	9
14	Joey Bouma	Pina Coladas	00:38.13		00:38.13	10
8	Caroline Walch	Masters of Badass	00:38.63	00:01.00	00:39.63	11
19	Heather Campbell	Tough Enough	00:39.97		00:39.97	12
17	Kim Borowiecki	Sweet Disasters	00:40.06		00:40.06	13
5	Tricia Lukow	Gone Strong Warriors	00:40.18		00:40.18	14
16	Kathy Danzinger	Sweet Disasters	00:40.25		00:40.25	15
20	Irene Nichol		00:40.37		00:40.37	16
4	Tammy Maurice	Gone Strong Warriors	00:40.44		00:40.44	17
1	Alycia Whalley-Lomness	Fireballs	00:40.50		00:40.50	18
7	Boni Ehmann	Masters of Badass	00:40.59		00:40.59	19
9	Deb Samagalski	Masters of Badass	00:42.60		00:42.60	20
15	Michele Gagnier	Pina Coladas	00:41.87	00:03.00	00:44.87	21
21	Laurie Bell		00:45.07		00:45.07	22
6	Trina Gillis	Gone Strong Warriors	00:46.78		00:46.78	23

# BOX JUMPS

<b>MASTERS DIVISION</b>				<b>BOX JUMPS</b>		<b>Box Rank</b>
<b>#</b>	<b>NAME</b>	<b>TEAM</b>	<b>Box Reps</b>	<b>Box TIME</b>		
23	Terri Drynan	Tough Enough	50	00:43.72	1	
13	Alana Everett-Yim	Pina Coladas	50	00:54.97	2	
22	Nicole Michaud	Tough Enough	50	01:00.21	3	
10	Chaantelle Malo	Miss Fits	50	01:05.13	4	
2	Emma Reyes	Fireballs	50	01:05.54	5	
11	Rechelle Folden	Miss Fits	50	01:11.81	6	
12	Tanja Stoll	Miss Fits	50	01:12.69	7	
3	Harriet Robinson	Fireballs	50	01:30.28	8	
14	Joey Bouma	Pina Coladas	50	01:35.40	9	
1	Alycia Whalley-Lomness	Fireballs	50	01:37.75	10	
17	Kim Borowiecki	Sweet Disasters	50	01:45.28	11	
18	Paula Wischoff Yerama	Sweet Disasters	50	01:45.47	12	
7	Boni Ehmann	Masters of Badass	50	01:51.63	13	
20	Irene Nichol		50	02:03.96	14	
8	Caroline Walch	Masters of Badass	50	02:30.16	15	
19	Heather Campbell	Tough Enough	50	02:51.09	16	
21	Laurie Bell		48	03:00.00	17	
15	Michele Gagnier	Pina Coladas	41	03:00.00	18	
16	Kathy Danzinger	Sweet Disasters	05	03:00.00	19	
4	Tammy Maurice	Gone Strong Warriors			20	
5	Tricia Lukow	Gone Strong Warriors			20	
6	Trina Gillis	Gone Strong Warriors			20	
9	Deb Samagalski	Masters of Badass			20	

# TIRE FLIPS

<b>MASTERS DIVISION</b>				<b>TIRE FLIP</b>		<b>Flip Rank</b>
<b>#</b>	<b>NAME</b>	<b>TEAM</b>	<b>Flips</b>	<b>Flip Time</b>		
13	Alana Everett-Yim	Pina Coladas	06	00:26.19	1	
10	Chaantelle Malo	Miss Fits	06	00:34.15	2	
23	Terri Drynan	Tough Enough	06	00:36.34	3	
12	Tanja Stoll	Miss Fits	06	00:38.06	4	
5	Tricia Lukow	Gone Strong Warriors	06	00:39.66	5	
11	Rechelle Folden	Miss Fits	06	00:42.72	6	
19	Heather Campbell	Tough Enough	06	00:44.47	7	
16	Kathy Danzinger	Sweet Disasters	06	00:44.54	8	
17	Kim Borowiecki	Sweet Disasters	06	00:45.69	9	
8	Caroline Walch	Masters of Badass	06	00:46.57	10	

14	Joey Bouma	Pina Coladas	06	00:47.48	11
3	Harriet Robinson	Fireballs	06	00:47.65	12
22	Nicole Michaud	Tough Enough	06	00:47.99	13
9	Deb Samagalski	Masters of Badass	06	00:50.25	14
18	Paula Wischoff Yerama	Sweet Disasters	06	00:51.33	15
1	Alycia Whalley-Lomness	Fireballs	06	00:54.57	16
2	Emma Reyes	Fireballs	06	00:54.66	17
15	Michele Gagnier	Pina Coladas	06	00:57.72	18
7	Boni Ehmann	Masters of Badass	06	00:57.90	19
6	Trina Gillis	Gone Strong Warriors	06	01:16.72	20
20	Irene Nichol		06	02:00.00	21
21	Laurie Bell		05	02:00.00	22
4	Tammy Maurice	Gone Strong Warriors	03	02:00.00	23

## TIRE DRAG

Each competitor received 1 point for Kettlebell Lift which was not performed at this event

## KETTLEBELL LIFT

MASTERS DIVISION		KETTLE BELLS			KB Rank	
#	NAME	TEAM	KB Timer	KB Penalty		KB TIME
23	Terri Drynan	Tough Enough	00:35.47		00:35.47	1
13	Alana Everett-Yim	Pina Coladas	00:35.88		00:35.88	2
22	Nicole Michaud	Tough Enough	00:39.94		00:39.94	3
12	Tanja Stoll	Miss Fits	00:39.99		00:39.99	4
18	Paula Wischoff Yerama	Sweet Disasters	00:40.57		00:40.57	5
3	Harriet Robinson	Fireballs	00:41.36		00:41.36	6
11	Rechelle Folden	Miss Fits	00:41.84		00:41.84	7
10	Chaantelle Malo	Miss Fits	00:41.97		00:41.97	8
14	Joey Bouma	Pina Coladas	00:42.65		00:42.65	9
5	Tricia Lukow	Gone Strong Warriors	00:42.88		00:42.88	10
7	Boni Ehmann	Masters of Badass	00:43.47		00:43.47	11
9	Deb Samagalski	Masters of Badass	00:43.54		00:43.54	12
8	Caroline Walch	Masters of Badass	00:43.87		00:43.87	13
19	Heather Campbell	Tough Enough	00:45.03		00:45.03	14
17	Kim Borowiecki	Sweet Disasters	00:45.13		00:45.13	15
2	Emma Reyes	Fireballs	00:45.47		00:45.47	16
21	Laurie Bell		00:47.09		00:47.09	17
16	Kathy Danzinger	Sweet Disasters	00:47.16		00:47.16	18
1	Alycia Whalley-Lomness	Fireballs	00:46.37	00:01.00	00:47.37	19
6	Trina Gillis	Gone Strong Warriors	00:48.87		00:48.87	20
15	Michele Gagnier	Pina Coladas	00:50.69		00:50.69	21
4	Tammy Maurice	Gone Strong Warriors	00:52.43		00:52.43	22
20	Irene Nichol		00:53.57		00:53.57	23

# SANDBAG BURPEE CLEAN/PRESS

<b>MASTERS DIVISION</b>		<b>SANDBAG</b>			<b>SB Rank</b>
<b>#</b>	<b>NAME</b>	<b>TEAM</b>	<b>Sandbag Reps</b>	<b>Sandbag Time</b>	
13	Alana Everett-Yim	Pina Coladas	15	00:44.90	1
23	Terri Drynan	Tough Enough	15	00:50.42	2
22	Nicole Michaud	Tough Enough	15	00:54.13	3
12	Tanja Stoll	Miss Fits	15	01:00.69	4
14	Joey Bouma	Pina Coladas	15	01:01.00	5
2	Emma Reyes	Fireballs	15	01:03.47	6
3	Harriet Robinson	Fireballs	15	01:05.31	7
4	Tammy Maurice	Gone Strong Warriors	15	01:07.34	8
19	Heather Campbell	Tough Enough	15	01:07.94	9
11	Rechelle Folden	Miss Fits	15	01:08.39	10
10	Chaantelle Malo	Miss Fits	15	01:08.41	11
5	Tricia Lukow	Gone Strong Warriors	15	01:08.69	12
1	Alycia Whalley-Lomness	Fireballs	15	01:13.78	13
17	Kim Borowiecki	Sweet Disasters	15	01:15.06	14
18	Paula Wischoff Yerama	Sweet Disasters	15	01:15.59	15
7	Boni Ehmann	Masters of Badass	15	01:17.28	16
15	Michele Gagnier	Pina Coladas	15	01:18.53	17
20	Irene Nichol		15	01:18.65	18
6	Trina Gillis	Gone Strong Warriors	15	01:22.44	19
8	Caroline Walch	Masters of Badass	15	01:24.59	20
21	Laurie Bell		15	01:28.68	21
16	Kathy Danzinger	Sweet Disasters	15	01:30.60	22
9	Deb Samagalski	Masters of Badass	15	01:37.94	23