



FEMSPORT Calgary Challenge – June 23rd, 2018



CHI Bursary Winner: Elizabeth Toles

SCORING:

- ★ Low points place first
- ★ Placing is equal to points (i.e. 1st place = 1 point, 2nd place = 2 points, etc.)
- ★ Obstacle Course placing is equal to 1.5 x (i.e. 1st place = 1.5 points, 2nd place = 3 points, etc.)
- ★ Each competitor received 1 point for Tire Drag which was not performed at this event.

OPEN TEAM RANKING

**** Obstacle Course is worth 1.5x ****

	SB Rank	Box Rank	KB Rank	Flip Rank	Tire Rank	OC Rank	Overall Rank	Overall Points	
Perfectfit4u #1								161.5	1
Amber Siemens	32	3	11	11	1	2	6		
Ashlyn Merriman	4	2	10	7	1	4	1		
Kelly Mundell	12	6	4	22	1	17	11		
Action Conditioning Storm								185.5	2
Jessica Costa	7	20	1	8	1	10	5		
Katrina Brandt	1	1	30	32	1	1	7		
Neena Robertson	11	9	13	24	1	6	8		
The Unstoppable 3 from FBBC								202.0	3
Brittany MacMillan	2	5	22	19	1	12	8		
Lindsey Hendrickson	10	18	5	26	1	21	16		
Sherri Otis	8	19	3	5	1	5	2		
Kilo Bellas #1								284.0	4
Jennifer Mortimer	30	21	20	34	1	16	26		
Katie Noval	16	24	27	23	1	11	19		
Nicole Tisdale	22	14	1	4	1	3	3		
Action Conditioning Rush								295.5	5
Jessica Gellatly	9	23	9	16	1	9	12		
Kodee Pilling	20	32	12	10	1	26	23		
Kristen Bridge	19	15	17	28	1	20	20		
Drop it Like a Squat								375.0	6
Amanda Wilkinson	17	26	33	30	1	30	32		
Danielle Parrish	13	7	19	17	1	18	14		
Kayla Bathgate	33	25	24	20	1	24	31		

Perfectfit4u #2								382.5	7
Julie Taylor	23	11	31	27	1	28	29		
Samantha Paradee	18	27	18	15	1	22	21		
Savana Antonation	24	16	21	33	1	27	30		
Live Better #2								387.0	8
Amber									
Schwartzenger	21	29	29	9	1	29	28		
DiAnna Kehoe	5	22	26	31	1	8	17		
Rachelle Tiegen	26	31	32	21	1	31	33		

OPEN INDIVIDUAL RANKING

#	NAME	TEAM	Final Rank	Overall Points
113	Ashlyn Merriman	Perfectfit4u #1	1	30.0
119	Sherri Otis	The Unstoppable 3 from FBBC	2	43.5
107	Nicole Tisdale	Kilo Bellas #1	3	46.5
126	Nicole Haugan		4	51.0
99	Jessica Costa	Action Conditioning Storm	5	52.0
112	Amber Siemens	Perfectfit4u #1	6	61.0
100	Katrina Brandt	Action Conditioning Storm	7	66.5
101	Neena Robertson	Action Conditioning Storm	8	67.0
117	Brittany MacMillan	The Unstoppable 3 from FBBC	8	67.0
127	Sara Codd		10	67.5
114	Kelly Mundell	Perfectfit4u #1	11	70.5
96	Jessica Gellatly	Action Conditioning Rush	12	71.5
128	Sarah Fritzel		13	75.5
103	Danielle Parrish	Drop it Like a Squat	14	84.0
124	Jennifer Young		15	87.5
118	Lindsey Hendrickson	The Unstoppable 3 from FBBC	16	91.5
109	DiAnna Kehoe	Live Better #2	17	97.0
120	Amanda Cavanagh		18	99.5
106	Katie Noval	Kilo Bellas #1	19	107.5
98	Kristen Bridge	Action Conditioning Rush	20	110.0
115	Samantha Paradee	Perfectfit4u #2	21	112.0
122	Ana Maljikovic		21	112.0
97	Kodee Pilling	Action Conditioning Rush	23	114.0
125	Michelle Petersen		24	117.5
123	Danielle MacInnis-Tanner		25	125.5
105	Jennifer Mortimer	Kilo Bellas #1	26	130.0
121	Amanda Grouette		27	131.5
108	Amber Schwartzenger	Live Better #2	28	132.5
50	Julie Taylor	Perfectfit4u #2	29	135.0
116	Savana Antonation	Perfectfit4u #2	30	135.5
104	Kayla Bathgate	Drop it Like a Squat	31	139.0
102	Amanda Wilkinson	Drop it Like a Squat	32	152.0
110	Rachelle Tiegen	Live Better #2	33	157.5
129	Sydney Crawford		34	163.0

OPEN EVENT RANKING

OBSTACLE COURSE

*** Obstacle Course is worth 1.5x ***

OPEN DIVISION			OBSTACLE COURSE			OC Rank
#	NAME	TEAM	Timer	Penalty	OC TIME	
100	Katrina Brandt	Action Conditioning Storm	00:12.90		00:12.90	1
112	Amber Siemens	Perfectfit4u #1	00:13.19		00:13.19	2
107	Nicole Tisdale	Kilo Bellas #1	00:13.31		00:13.31	3
113	Ashlyn Merriman	Perfectfit4u #1	00:13.65		00:13.65	4
119	Sherri Otis	The Unstoppable 3 from FBBC	00:14.19		00:14.19	5
101	Neena Robertson	Action Conditioning Storm	00:14.31		00:14.31	6
124	Jennifer Young		00:14.53		00:14.53	7
109	DiAnna Kehoe	Live Better #2	00:14.65		00:14.65	8
96	Jessica Gellatly	Action Conditioning Rush	00:14.69		00:14.69	9
99	Jessica Costa	Action Conditioning Storm	00:14.75		00:14.75	10
106	Katie Noval	Kilo Bellas #1	00:14.82		00:14.82	11
117	Brittany MacMillan	The Unstoppable 3 from FBBC	00:14.87		00:14.87	12
127	Sara Codd		00:15.03		00:15.03	13
126	Nicole Haugan		00:15.10		00:15.10	14
120	Amanda Cavanagh		00:15.25		00:15.25	15
105	Jennifer Mortimer	Kilo Bellas #1	00:15.34		00:15.34	16
114	Kelly Mundell	Perfectfit4u #1	00:15.44		00:15.44	17
103	Danielle Parrish	Drop it Like a Squat	00:14.44	00:01.00	00:15.44	18
128	Sarah Fritzel		00:15.53		00:15.53	19
98	Kristen Bridge	Action Conditioning Rush	00:15.63		00:15.63	20
118	Lindsey Hendrickson	The Unstoppable 3 from FBBC	00:14.90	00:01.00	00:15.90	21
115	Samantha Paradee	Perfectfit4u #2	00:16.06		00:16.06	22
123	Danielle MacInnis-Tanner		00:16.15		00:16.15	23
104	Kayla Bathgate	Drop it Like a Squat	00:16.50		00:16.50	24
125	Michelle Petersen		00:16.53		00:16.53	25
97	Kodee Pilling	Action Conditioning Rush	00:16.71		00:16.71	26
116	Savana Antonation	Perfectfit4u #2	00:16.75		00:16.75	27
50	Julie Taylor	Perfectfit4u #2	00:17.22		00:17.22	28
108	Amber Schwartzenberger	Live Better #2	00:17.25	00:01.00	00:18.25	29
102	Amanda Wilkinson	Drop it Like a Squat	00:18.56		00:18.56	30
110	Rachelle Tiegen	Live Better #2	00:19.44		00:19.44	31
129	Sydney Crawford		00:23.72		00:23.72	32
121	Amanda Grouette		00:20.47	00:10.00	00:30.47	33
122	Ana Maljickovic		04:00.00		04:00.00	34

BOX JUMPS

OPEN DIVISION			BOX JUMPS		Box Rank
#	NAME	TEAM	Box Reps	Box TIME	
100	Katrina Brandt	Action Conditioning Storm	50	00:37.62	1
113	Ashlyn Merriman	Perfectfit4u #1	50	00:39.91	2
112	Amber Siemens	Perfectfit4u #1	50	00:40.88	3
128	Sarah Fritzel		50	00:41.07	4
117	Brittany MacMillan	The Unstoppable 3 from FBBC	50	00:41.50	5
114	Kelly Mundell	Perfectfit4u #1	50	00:42.15	6
103	Danielle Parrish	Drop it Like a Squat	50	00:42.50	7
122	Ana Maljickovic		50	00:42.92	8
101	Neena Robertson	Action Conditioning Storm	50	00:45.06	9
127	Sara Codd		50	00:45.57	10
50	Julie Taylor	Perfectfit4u #2	50	00:48.22	11
126	Nicole Haugan		50	00:50.84	12
125	Michelle Petersen		50	00:51.19	13
107	Nicole Tisdale	Kilo Bellas #1	50	00:53.08	14
98	Kristen Bridge	Action Conditioning Rush	50	00:54.25	15
116	Savana Antonation	Perfectfit4u #2	50	00:56.88	16
124	Jennifer Young		50	00:59.40	17
118	Lindsey Hendrickson	The Unstoppable 3 from FBBC	50	01:00.59	18
119	Sherri Otis	The Unstoppable 3 from FBBC	50	01:02.59	19
99	Jessica Costa	Action Conditioning Storm	50	01:05.96	20
105	Jennifer Mortimer	Kilo Bellas #1	50	01:06.90	21
109	DiAnna Kehoe	Live Better #2	50	01:10.22	22
96	Jessica Gellatly	Action Conditioning Rush	50	01:10.44	23
106	Katie Noval	Kilo Bellas #1	50	01:10.81	24
104	Kayla Bathgate	Drop it Like a Squat	50	01:21.72	25
102	Amanda Wilkinson	Drop it Like a Squat	50	01:21.75	26
115	Samantha Paradee	Perfectfit4u #2	50	01:42.00	27
123	Danielle MacInnis-Tanner		50	01:44.50	28
108	Amber Schwarzenberger	Live Better #2	50	01:46.34	29
120	Amanda Cavanagh		50	02:05.63	30
110	Rachelle Tiegen	Live Better #2	50	02:21.40	31
97	Kodee Pilling	Action Conditioning Rush	50	02:24.44	32
121	Amanda Grouette		47	03:00.00	33
129	Sydney Crawford			03:00.00	34

TIRE FLIPS

OPEN DIVISION			TIRE FLIP		Rank
#	NAME	TEAM	Flips	Flip Time	
120	Amanda Cavanagh		06	00:15.50	1
121	Amanda Grouette		06	00:17.22	2
127	Sara Codd		06	00:17.37	3
107	Nicole Tisdale	Kilo Bellas #1	06	00:17.60	4
119	Sherri Otis	The Unstoppable 3 from FBBC	06	00:17.84	5
126	Nicole Haugan		06	00:17.94	6
113	Ashlyn Merriman	Perfectfit4u #1	06	00:18.18	7
99	Jessica Costa	Action Conditioning Storm	06	00:18.19	8
108	Amber Schwartzenberger	Live Better #2	06	00:18.28	9
97	Kodee Pilling	Action Conditioning Rush	06	00:18.37	10
112	Amber Siemens	Perfectfit4u #1	06	00:18.57	11
122	Ana Maljickovic		06	00:18.94	12
125	Michelle Petersen		06	00:19.19	13
128	Sarah Fritzel		06	00:19.37	14
115	Samantha Paradee	Perfectfit4u #2	06	00:19.43	15
96	Jessica Gellatly	Action Conditioning Rush	06	00:19.68	16
103	Danielle Parrish	Drop it Like a Squat	06	00:19.85	17
129	Sydney Crawford		06	00:20.84	18
117	Brittany MacMillan	The Unstoppable 3 from FBBC	06	00:20.85	19
104	Kayla Bathgate	Drop it Like a Squat	06	00:21.29	20
110	Rachelle Tiegen	Live Better #2	06	00:21.34	21
114	Kelly Mundell	Perfectfit4u #1	06	00:22.00	22
106	Katie Noval	Kilo Bellas #1	06	00:22.34	23
101	Neena Robertson	Action Conditioning Storm	06	00:22.87	24
123	Danielle MacInnis-Tanner		06	00:23.69	25
118	Lindsey Hendrickson	The Unstoppable 3 from FBBC	06	00:23.75	26
50	Julie Taylor	Perfectfit4u #2	06	00:23.97	27
98	Kristen Bridge	Action Conditioning Rush	06	00:24.53	28
124	Jennifer Young		06	00:24.54	29
102	Amanda Wilkinson	Drop it Like a Squat	06	00:25.38	30
109	DiAnna Kehoe	Live Better #2	06	00:25.44	31
100	Katrina Brandt	Action Conditioning Storm	06	00:25.78	32
116	Savana Antonation	Perfectfit4u #2	06	00:26.54	33
105	Jennifer Mortimer	Kilo Bellas #1	06	00:28.12	34

TIRE DRAG

Each competitor received 1 point for Tire Drag which was not performed at this event.

KETTLEBELL LIFT

OPEN DIVISION			KETTLE BELLS			KB Rank
#	NAME	TEAM	KB Timer	KB Penalty	KB TIME	
99	Jessica Costa	Action Conditioning Storm	00:24.54		00:24.54	1
107	Nicole Tisdale	Kilo Bellas #1	00:24.54		00:24.54	1
119	Sherri Otis	The Unstoppable 3 from FBBC	00:25.53		00:25.53	3
114	Kelly Mundell	Perfectfit4u #1	00:25.63		00:25.63	4
118	Lindsey Hendrickson	The Unstoppable 3 from FBBC	00:25.65		00:25.65	5
122	Ana Maljikovic		00:25.68		00:25.68	6
127	Sara Codd		00:25.69		00:25.69	7
126	Nicole Haugan		00:25.72		00:25.72	8
96	Jessica Gellatly	Action Conditioning Rush	00:25.81		00:25.81	9
113	Ashlyn Merriman	Perfectfit4u #1	00:24.97	00:01.00	00:25.97	10
112	Amber Siemens	Perfectfit4u #1	00:26.00		00:26.00	11
97	Kodee Pilling	Action Conditioning Rush	00:26.09		00:26.09	12
101	Neena Robertson	Action Conditioning Storm	00:26.31		00:26.31	13
128	Sarah Fritzel		00:26.62		00:26.62	14
121	Amanda Grouette		00:26.68		00:26.68	15
120	Amanda Cavanagh		00:26.72		00:26.72	16
98	Kristen Bridge	Action Conditioning Rush	00:26.81		00:26.81	17
115	Samantha Paradee	Perfectfit4u #2	00:27.16		00:27.16	18
103	Danielle Parrish	Drop it Like a Squat	00:27.25		00:27.25	19
105	Jennifer Mortimer	Kilo Bellas #1	00:26.47	00:01.00	00:27.47	20
116	Savana Antonation	Perfectfit4u #2	00:27.53		00:27.53	21
117	Brittany MacMillan	The Unstoppable 3 from FBBC	00:27.66		00:27.66	22
123	Danielle MacInnis-Tanner		00:27.66		00:27.66	22
104	Kayla Bathgate	Drop it Like a Squat	00:27.69		00:27.69	24
124	Jennifer Young		00:27.69		00:27.69	24
109	DiAnna Kehoe	Live Better #2	00:28.22		00:28.22	26
106	Katie Noval	Kilo Bellas #1	00:28.35		00:28.35	27
125	Michelle Petersen		00:28.50		00:28.50	28
108	Amber Schwarzenberger	Live Better #2	00:28.56		00:28.56	29
100	Katrina Brandt	Action Conditioning Storm	00:25.66	00:03.00	00:28.66	30
50	Julie Taylor	Perfectfit4u #2	00:28.85		00:28.85	31
110	Rachelle Tiegen	Live Better #2	00:28.88		00:28.88	32
102	Amanda Wilkinson	Drop it Like a Squat	00:30.69		00:30.69	33
129	Sydney Crawford		00:32.84		00:32.84	34

SANDBAG BURPEE CLEAN/PRESS

OPEN DIVISION			SANDBAG		SB Rank
#	NAME	TEAM	Sandbag Reps	Sandbag Time	
100	Katrina Brandt	Action Conditioning Storm	15	00:41.75	1
117	Brittany MacMillan	The Unstoppable 3 from FBBC	15	00:42.50	2
126	Nicole Haugan		15	00:43.16	3
113	Ashlyn Merriman	Perfectfit4u #1	15	00:43.69	4
109	DiAnna Kehoe	Live Better #2	15	00:45.33	5
124	Jennifer Young		15	00:47.31	6
99	Jessica Costa	Action Conditioning Storm	15	00:47.54	7
119	Sherri Otis	The Unstoppable 3 from FBBC	15	00:48.13	8
96	Jessica Gellatly	Action Conditioning Rush	15	00:48.60	9
118	Lindsey Hendrickson	The Unstoppable 3 from FBBC	15	00:50.45	10
101	Neena Robertson	Action Conditioning Storm	15	00:51.06	11
114	Kelly Mundell	Perfectfit4u #1	15	00:52.16	12
103	Danielle Parrish	Drop it Like a Squat	15	00:54.53	13
128	Sarah Fritzel		15	00:54.91	14
123	Danielle MacInnis-Tanner		15	00:56.90	15
106	Katie Noval	Kilo Bellas #1	15	00:57.46	16
102	Amanda Wilkinson	Drop it Like a Squat	15	00:58.53	17
115	Samantha Paradee	Perfectfit4u #2	15	00:59.00	18
98	Kristen Bridge	Action Conditioning Rush	15	00:59.69	19
97	Kodee Pilling	Action Conditioning Rush	15	00:59.72	20
108	Amber Schwanzenberger	Live Better #2	15	01:00.75	21
107	Nicole Tisdale	Kilo Bellas #1	15	01:00.91	22
50	Julie Taylor	Perfectfit4u #2	15	01:01.63	23
116	Savana Antonation	Perfectfit4u #2	15	01:03.19	24
125	Michelle Petersen		15	01:03.45	25
110	Rachelle Tiegen	Live Better #2	15	01:04.53	26
127	Sara Codd		15	01:06.00	27
129	Sydney Crawford		15	01:06.34	28
120	Amanda Cavanagh		15	01:08.69	29
105	Jennifer Mortimer	Kilo Bellas #1	15	01:08.96	30
121	Amanda Grouette		15	01:09.75	31
112	Amber Siemens	Perfectfit4u #1	15	01:15.33	32
104	Kayla Bathgate	Drop it Like a Squat	15	01:20.28	33
122	Ana Maljickovic			03:00.00	34