



FEMSPORT Vancouver Challenge – September 8th, 2018



CHI Bursary Winner: Claire Madin

SCORING:

- ★ Low points place first
- ★ Placing is equal to points (i.e. 1st place = 1 point, 2nd place = 2 points, etc.)
- ★ Obstacle Course placing is equal to 1.5 x (i.e. 1st place = 1.5 points, 2nd place = 3 points, etc.)

MASTERS TEAM RANKING

**** Obstacle Course is worth 1.5x ****

	SB Rank	Box Rank	KB Rank	Flip Rank	Tire Rank	OC Rank	Overall Rank	Overall Points	
Fit by Design 4								72.0	1
Sabrina Sinclair	1	1	3	2	3	3	2		
Natasha Marshall	5	9	5	5	1	5	4		
Trish Meacher	2	2	2	4	6	6	3		
Pony Tail Gang								133.0	2
Linda Lee	6	7	7	10	8	9	9		
Sandy Henry	7	8	8	7	5	7	8		
Shelly Fennell	9	6	6	8	4	2	6		

MASTERS INDIVIDUAL RANKING

#	NAME	TEAM	Overall Rank	Overall Points
9	Melanie Masny		1	11.5
2	Sabrina Sinclair	Fit by Design 4	2	14.5
3	Trish Meacher	Fit by Design 4	3	25.0
1	Natasha Marshall	Fit by Design 4	4	32.5
10	Tina Roe		5	35.0
6	Shelly Fennell	Pony Tail Gang	6	36.0
7	Airlaine Ligot		7	42.0
5	Sandy Henry	Pony Tail Gang	8	45.5
4	Linda Lee	Pony Tail Gang	9	51.5
8	Lynne Walker		10	64.0

MASTERS EVENT RANKING

OBSTACLE COURSE

*** Obstacle Course is worth 1.5x ***

MASTERS DIVISION			OBSTACLE COURSE			OC Rank
#	NAME	TEAM	OCTimer	OC Penalty	OC TIME	
9	Melanie Masny		00:42.78		00:42.78	1
6	Shelly Fennell	Pony Tail Gang	00:49.06		00:49.06	2
2	Sabrina Sinclair	Fit by Design 4	00:49.40		00:49.40	3
7	Airlaine Ligot		00:52.13		00:52.13	4
1	Natasha Marshall	Fit by Design 4	00:52.38		00:52.38	5
3	Trish Meacher	Fit by Design 4	00:55.32		00:55.32	6
5	Sandy Henry	Pony Tail Gang	00:56.23		00:56.23	7
10	Tina Roe		00:59.53		00:59.53	8
4	Linda Lee	Pony Tail Gang	01:02.65		01:02.65	9
8	Lynne Walker		01:26.44		01:26.44	10

BOX JUMPS

MASTERS DIVISION			BOX JUMPS		Box Rank
#	NAME	TEAM	Box Reps	Box TIME	
2	Sabrina Sinclair	Fit by Design 4	50	00:54.78	1
3	Trish Meacher	Fit by Design 4	50	00:59.40	2
9	Melanie Masny		50	01:11.44	3
7	Airlaine Ligot		50	01:55.25	4
10	Tina Roe		50	02:31.37	5
6	Shelly Fennell	Pony Tail Gang	50	02:37.94	6
4	Linda Lee	Pony Tail Gang	50	02:39.63	7
5	Sandy Henry	Pony Tail Gang	50	02:45.43	8
1	Natasha Marshall	Fit by Design 4	50	02:51.25	9
8	Lynne Walker			03:00.00	10

TIRE FLIPS

MASTERS DIVISION			TIRE FLIP		Flip Rank
#	NAME	TEAM	Flips	Flip Time	
9	Melanie Masny		06	00:21.90	1
2	Sabrina Sinclair	Fit by Design 4	06	00:24.34	2
10	Tina Roe		06	00:25.28	3
3	Trish Meacher	Fit by Design 4	06	00:29.31	4
1	Natasha Marshall	Fit by Design 4	06	00:33.37	5
7	Airlaine Ligot		06	00:37.19	6
5	Sandy Henry	Pony Tail Gang	06	00:43.62	7
6	Shelly Fennell	Pony Tail Gang	06	00:52.47	8
8	Lynne Walker		06	01:04.15	9
4	Linda Lee	Pony Tail Gang	06	01:06.10	10

TIRE DRAG

MASTERS DIVISION			TIRE DRAG			Tire Rank
#	NAME	TEAM	Drag Time	Drag Penalty	DRAG TIME	
1	Natasha Marshall	Fit by Design 4	00:23.18		00:23.18	1
9	Melanie Masny		00:24.50		00:24.50	2
2	Sabrina Sinclair	Fit by Design 4	00:30.88		00:30.88	3
6	Shelly Fennell	Pony Tail Gang	00:32.84		00:32.84	4
5	Sandy Henry	Pony Tail Gang	00:34.10		00:34.10	5
3	Trish Meacher	Fit by Design 4	00:48.56		00:48.56	6
10	Tina Roe		00:51.84		00:51.84	7
4	Linda Lee	Pony Tail Gang	00:52.25		00:52.25	8
7	Airlaine Ligot		00:55.97		00:55.97	9
8	Lynne Walker		01:39.88		01:39.88	10

KETTLEBELL LIFT

MASTERS DIVISION			KETTLE BELLS			KB Rank
#	NAME	TEAM	KB Timer	KB Penalty	KB TIME	
9	Melanie Masny		00:36.97		00:36.97	1
3	Trish Meacher	Fit by Design 4	00:40.72		00:40.72	2
2	Sabrina Sinclair	Fit by Design 4	00:41.12		00:41.12	3
10	Tina Roe		00:44.59		00:44.59	4
1	Natasha Marshall	Fit by Design 4	00:44.86		00:44.86	5
6	Shelly Fennell	Pony Tail Gang	00:50.56		00:50.56	6
4	Linda Lee	Pony Tail Gang	00:54.13		00:54.13	7
5	Sandy Henry	Pony Tail Gang	00:54.22		00:54.22	8
7	Airlaine Ligot		00:57.19		00:57.19	9
8	Lynne Walker		01:22.62		01:22.62	10

SANDBAG BURPEE CLEAN/PRESS

MASTERS DIVISION		SANDBAG			SB Rank
#	NAME	TEAM	Sandbag Reps	Sandbag Time	
2	Sabrina Sinclair	Fit by Design 4	15	00:48.38	1
3	Trish Meacher	Fit by Design 4	15	01:05.62	2
9	Melanie Masny		15	01:13.59	3
10	Tina Roe		15	01:24.90	4
1	Natasha Marshall	Fit by Design 4	15	01:46.41	5
4	Linda Lee	Pony Tail Gang	15	01:54.25	6
5	Sandy Henry	Pony Tail Gang	15	01:56.41	7
7	Airlaine Ligot		15	01:57.78	8
6	Shelly Fennell	Pony Tail Gang	15	01:59.47	9
8	Lynne Walker		15	02:30.75	10