



FEMSPORT Vancouver Challenge – September 8th, 2018



CHI Bursary Winner: Claire Madin

SCORING:

- ★ Low points place first
- ★ Placing is equal to points (i.e. 1st place = 1 point, 2nd place = 2 points, etc.)
- ★ Obstacle Course placing is equal to 1.5 x (i.e. 1st place = 1.5 points, 2nd place = 3 points, etc.)

OPEN TEAM RANKING

**** Obstacle Course is worth 1.5x ****

	SB Rank	Box Rank	KB Rank	Flip Rank	Tire Rank	OC Rank	Overall Rank	Overall Points	
Dumbellas								86.5	1
Brianna Thielmann	12	2	2	13	2	2	5		
Kari Negraiff	4	7	7	2	6	4	3		
Michelle Pickford	3	5	3	3	5	1	1		
AOF								130.5	2
Kristie Hutchison	1	1	1	1	9	6	2		
Felica Adams	10	8	12	10	12	11	12		
Nicole Mundle	2	6	5	4	8	10	6		
Fit by Design 3								151.0	3
Julie Heppner	6	3	6	8	10	9	7		
Lindsay Milton	12	11	8	11	3	8	10		
Marie LeBlond	7	12	11	6	1	7	8		

OPEN INDIVIDUAL RANKING

#	NAME	TEAM	Final Rank	Overall Points
36	Michelle Pickford	Dumbellas	1	20.5
32	Kristie Hutchison	AOF	2	22.0
35	Kari Negraiff	Dumbellas	3	32.0
43	Sarah Dewar		4	33.5
34	Brianna Thielmann	Dumbellas	5	34.0
33	Nicole Mundle	AOF	6	40.0
37	Julie Heppner	Fit by Design 3	7	46.5
39	Marie LeBlond	Fit by Design 3	8	47.5
41	Candace Locken		9	49.5
38	Lindsay Milton	Fit by Design 3	10	57.0
40	Amanda Burborough		11	63.0
31	Felica Adams	AOF	12	68.5
42	Noelle Benoit		13	75.5

OPEN EVENT RANKING OBSTACLE COURSE

*** Obstacle Course is worth 1.5x ***

OPEN DIVISION			OBSTACLE COURSE			OC Rank
#	NAME	TEAM	Timer	Penalty	OC TIME	
36	Michelle Pickford	Dumbellas	00:37.25		00:37.25	1
34	Brianna Thielmann	Dumbellas	00:37.53	00:01.00	00:38.53	2
43	Sarah Dewar		00:39.97		00:39.97	3
35	Kari Negraiff	Dumbellas	00:40.06	00:01.00	00:41.06	4
41	Candace Locken		00:42.47		00:42.47	5
32	Kristie Hutchison	AOF	00:42.71		00:42.71	6
39	Marie LeBlond	Fit by Design 3	00:41.90	00:01.00	00:42.90	7
38	Lindsay Milton	Fit by Design 3	00:43.56	00:01.00	00:44.56	8
37	Julie Heppner	Fit by Design 3	00:44.94		00:44.94	9
33	Nicole Mundle	AOF	00:47.69	00:02.00	00:49.69	10
31	Felica Adams	AOF	00:50.32		00:50.32	11
40	Amanda Burborough		00:51.13		00:51.13	12
42	Noelle Benoit		00:55.90		00:55.90	13

BOX JUMPS

OPEN DIVISION			BOX JUMPS		Box Rank
#	NAME	TEAM	Box Reps	Box TIME	
32	Kristie Hutchison	AOF	50	00:45.84	1
34	Brianna Thielmann	Dumbellas	50	00:48.34	2
37	Julie Heppner	Fit by Design 3	50	00:50.91	3
43	Sarah Dewar		50	00:51.66	4
36	Michelle Pickford	Dumbellas	50	00:54.44	5
33	Nicole Mundle	AOF	50	01:00.69	6
35	Kari Negraiff	Dumbellas	50	01:10.41	7
31	Felica Adams	AOF	50	01:16.78	8
42	Noelle Benoit		50	02:11.18	9
41	Candace Locken		46	03:00.00	10
38	Lindsay Milton	Fit by Design 3	33	03:00.00	11
39	Marie LeBlond	Fit by Design 3		03:00.00	12
40	Amanda Burborough			03:00.00	12

TIRE FLIPS

OPEN DIVISION			TIRE FLIP		Rank
#	NAME	TEAM	Flips	Flip Time	
32	Kristie Hutchison	AOF	06	00:20.18	1
35	Kari Negraiff	Dumbellas	06	00:21.50	2
36	Michelle Pickford	Dumbellas	06	00:21.68	3
33	Nicole Mundle	AOF	06	00:22.09	4
43	Sarah Dewar		06	00:22.28	5
39	Marie LeBlond	Fit by Design 3	06	00:22.62	6
41	Candace Locken		06	00:23.50	7
37	Julie Heppner	Fit by Design 3	06	00:24.79	8
40	Amanda Burborough		06	00:25.28	9
31	Felica Adams	AOF	06	00:27.40	10
38	Lindsay Milton	Fit by Design 3	06	00:31.15	11
42	Noelle Benoit		06	00:41.03	12
34	Brianna Thielmann	Dumbellas		03:00.00	13

TIRE DRAG

OPEN DIVISION			TIRE DRAG			Tire Rank
#	NAME	TEAM	TD Timer	Tire Penalty	Tire TIME	
39	Marie LeBlond	Fit by Design 3	00:15.09		00:15.09	1
34	Brianna Thielmann	Dumbellas	00:19.23		00:19.23	2
38	Lindsay Milton	Fit by Design 3	00:19.25		00:19.25	3
41	Candace Locken		00:20.06		00:20.06	4
36	Michelle Pickford	Dumbellas	00:22.60		00:22.60	5
35	Kari Negraiff	Dumbellas	00:24.37		00:24.37	6
40	Amanda Burborough		00:24.87		00:24.87	7
33	Nicole Mundle	AOF	00:27.31		00:27.31	8
32	Kristie Hutchison	AOF	00:28.69		00:28.69	9
37	Julie Heppner	Fit by Design 3	00:32.47		00:32.47	10
43	Sarah Dewar		00:32.84		00:32.84	11
31	Felica Adams	AOF	00:39.57		00:39.57	12
42	Noelle Benoit		00:50.66		00:50.66	13

KETTLEBELL LIFT

OPEN DIVISION			KETTLE BELLS			KB Rank
#	NAME	TEAM	KB Timer	KB Penalty	KB TIME	
32	Kristie Hutchison	AOF	00:34.84		00:34.84	1
34	Brianna Thielmann	Dumbellas	00:37.50		00:37.50	2
36	Michelle Pickford	Dumbellas	00:37.78		00:37.78	3
43	Sarah Dewar		00:37.85		00:37.85	4
33	Nicole Mundle	AOF	00:37.62	00:01.00	00:38.62	5
37	Julie Heppner	Fit by Design 3	00:39.75		00:39.75	6
35	Kari Negraiff	Dumbellas	00:40.06		00:40.06	7
38	Lindsay Milton	Fit by Design 3	00:41.44		00:41.44	8
40	Amanda Burborough		00:43.57		00:43.57	9
41	Candace Locken		00:43.59		00:43.59	10
39	Marie LeBlond	Fit by Design 3	00:43.89		00:43.89	11
31	Felica Adams	AOF	00:44.81		00:44.81	12
42	Noelle Benoit		00:44.44	00:01.00	00:45.44	13

SANDBAG BURPEE CLEAN/PRESS

OPEN DIVISION			SANDBAG		SB Rank
#	NAME	TEAM	Sandbag Reps	Sandbag Time	
32	Kristie Hutchison	AOF	15	00:49.43	1
33	Nicole Mundle	AOF	15	01:03.40	2
36	Michelle Pickford	Dumbellas	15	01:05.66	3
35	Kari Negraiff	Dumbellas	15	01:11.78	4
43	Sarah Dewar		15	01:11.87	5
37	Julie Heppner	Fit by Design 3	15	01:12.16	6
39	Marie LeBlond	Fit by Design 3	15	01:24.62	7
40	Amanda Burborough		15	01:32.59	8
42	Noelle Benoit		15	01:34.85	9
31	Felica Adams	AOF	15	01:37.69	10
41	Candace Locken		15	01:43.78	11
34	Brianna Thielmann	Dumbellas		03:00.00	12
38	Lindsay Milton	Fit by Design 3		03:00.00	12